

CAN ANIMALS IMPROVE THE LIVES OF PRISON INMATES?



FOUNDATION
1987

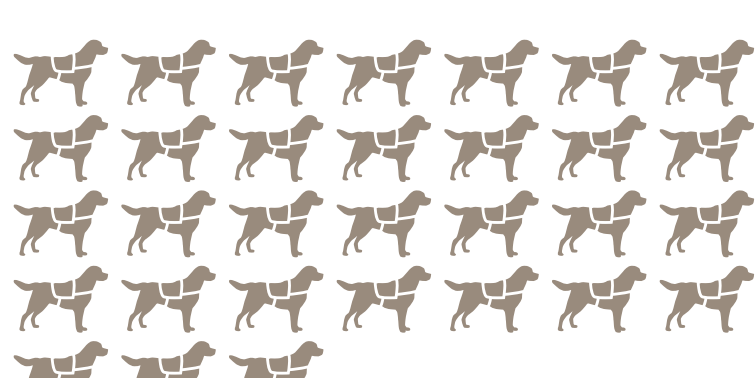
STUDY CONDUCTED BY THE AFFINITY FOUNDATION "ANIMALS AND HEALTH" CHAIR OF THE UAB AND THE GENERAL MANAGEMENT OF THE PENITENTIARY INSTITUTIONS

HOW WAS THE STUDY CONDUCTED?

4 MONTHS DURATION



- EVALUATION
- BEFORE THE START OF THE PROGRAMME
 - AT THE END
 - 3 MONTHS AFTER ENDING THE RESEARCH



31 THERAPY DOGS

212 INMATES

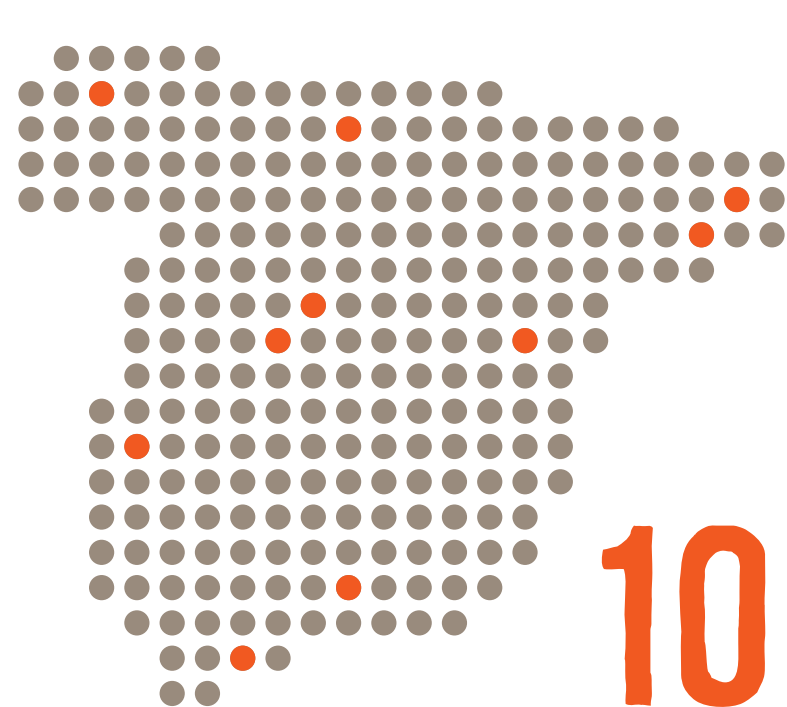
OF THE ANIMAL THERAPY PROGRAMME, DIVIDED INTO 4 GROUPS FOLLOWING DIFFERENT THERAPIES:

56 | GROUP WITH STANDARD REHABILITATION INTERVENTIONS

56 | GROUP WITH DOG-ASSISTED THERAPY

51 | GROUP WITH DOG-ASSISTED THERAPY AND PSYCHOLOGICAL INTERVENTION

49 | GROUP WITH PSYCHOLOGICAL INTERVENTION



10 PRISONS AROUND SPAIN

BENEFITS OF DOG-ASSISTED THERAPIES IN PRISONS



IMPROVE INTERPERSONAL RELATIONS



REDUCE ANXIETY



CONTRIBUTE TO EMOTIONAL STABILITY



IMPROVE ADAPTATION TO SURROUNDINGS



IMPROVE PARTICIPATION IN OTHER ACTIVITIES

WHAT DO THE INMATES DO WITH THE ANIMALS?

THEY TAKE RESPONSIBILITY FOR THE ANIMAL'S NEEDS



THEY TAKE THEM FOR A WALK AND MAKE SURE THEY GET THEIR EXERCISE



THEY TAKE THEM TO OTHER UNITS SO THAT OTHER PRISONERS CAN GET INTO CONTACT WITH THE ANIMALS

THEY MONITOR THEIR WEIGHT AND HEALTH FOLLOWING VETERINARIANS' INSTRUCTIONS



THEY FEED THEM AND TAKE CARE OF THE ANIMAL'S HYGIENE

WHAT MAKES THEM EFFECTIVE?

THE ANIMAL'S WELL-BEING IS A PRIORITY FOR BOTH THE CENTRES' PROFESSIONALS AND INMATES

THE ANIMALS EVOKE FEELINGS IN AN ENVIRONMENT NOT FAVOURABLE TO FEELINGS

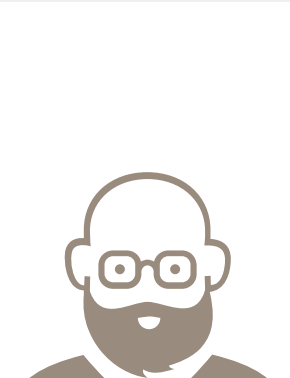
THEY ARE DIRECTED BY HEALTH AND EDUCATION PROFESSIONALS

DOGS DO NOT JUDGE, THEY ACCEPT ALL HUMANS EQUALLY

THE BENEFITS REST ON THE EMOTIONAL BOND BETWEEN HUMAN AND ANIMAL

ANIMALS ARE AN UNPARALLELED SOURCE OF MOTIVATION

MAIN CONCLUSION OF THE STUDY



ANIMAL-ASSISTED THERAPIES ARE EQUALLY AS EFFECTIVE AS PSYCHOLOGICAL THERAPY AND OTHER THERAPEUTICAL GROUP ACTIVITIES

OTHER ANIMAL-ASSISTED THERAPY PROGRAMMES OF THE AFFINITY FOUNDATION



RESPECT ME TO PREVENT AND TACKLE BULLYING IN SCHOOLS



GERIATRIC PATIENTS HELP FOR ELDERLY PEOPLE



BUDDIES DIRECTED AT CHILDREN UNDER SUPERVISION OF THE GENERALITAT DE CATALUNYA



COURTHOUSE DOG INTENDED FOR VICTIMS OF GENDER VIOLENCE